

2011 KSHSAA Cross Country Championships

Rim Rock Farm - University of Kansas

Spectator Information

Admission: The admission price will be **\$6.00 for students K-12 and \$7.00 for adults**. This price is set by KSHSAA.

Parking: Parking is available at the course. Please pay attention to the parking attendants and the Jefferson County Sheriffs instructions. Parking on the road is not permissible as it prevents emergency vehicles from entering the area should the need arise. Parking in adjacent properties is also illegal as these lands are private property, your car will be towed if you park in any area other than those designated. Allow yourself some extra time for parking at Rim Rock.

Pets: Pets are not allowed on the course as this is a risk to runners, please keep them at home or in your vehicle.

T-Shirts will be available:

Short Sleeve T-Shirt; Small – X-Large \$15.00, & XX-Large \$17.00.

Long Sleeve T- Shirt; Small – X-Large \$18.00 & XX Large - \$19.00.

Hooded Sweatshirts: Small – X-Large \$25.00 & XX-Large \$26.00.

Concessions will be available: All proceeds go to the Free State High School special education program.

Programs: There will be a limited number of programs available this year for the price of \$2, exact change is appreciated.

Awards: The following is the schedule for the awards this year.

6A Girls 12:05

5A Boys 12:50

3A Girls 1:20

6A Boys 12:35

5A Girls 1:05

3A Boys 1:35

Bathrooms: There are 14 portable restrooms available on the course. We ask the two closest to the starting line be made available to the runners first and spectators next.

Come early or stay late: Rim Rock Farm is one of the premier cross country courses in the nation with ponds, trails, silhouettes, covered bridges and many Kansas features. According to Running Times magazine it is one of only two courses in the world maintained solely as a cross country course. Take some time to walk the lower parts of the course and watch some of the best runners in the state race by as they compete in their state championships.

Additional Information- Available at www.firebirdrunning.com